

5th Annual CYAA Cross Country Championships

Friday, November 13th, 2009(4 Races!)

@Granada Park

20th street and Maryland in Phoenix

Time Schedule

2:45 5th and 6th grade Girls (1.8 miles) Earlier Start!!

3:05 5th and 6th grade Boys (1.8 miles)

3:25 7th and 8th grade Girls (2.2 miles)

3:50 7th and 8th grade Boys (2.2 miles)

Course Maps

<http://www.usatf.org/routes/view.asp?rID=331513> is the 5&6 grade race

<http://www.usatf.org/routes/view.asp?rID=331522> is the 7&8 grade race

NO RACE DAY ENTRIES!!

YOU MUST USE WINGFOOT FINISH TO ENTER YOUR ATHLETES!!!

http://www.wingfootfinish.com/calendar_full_details.cfm?MeetID=100

There is no entry limit, but schools must have at least 5 runners to qualify for a team title. Team scores will be kept for all divisions by adding the top 5 runners places for a team score. Low score wins.

Trophy Categories:

5 th and 6 th grade Boys	1 st Place Trophy (Low score Team of 5)
5 th and 6 th grade Girls	1 st Place Trophy (Low score Team of 5)
7 th and 8 th grade Boys	1 st Place Trophy (Low score Team of 5)
7 th and 8 th grade Girls	1 st Place Trophy (Low score Team of 5)

Coaches and Moderators,

Please enter your athletes on wingfoot finish and bring your entry fee \$
\$50 per school (Boys/Girls) \$5 per individual, or which ever is cheaper.

Contact: Dave Van Sickle Email - pic4run@msn.com
Call - (602) 277-3772 leave a message.

